

08 August 2024

Lawrence Street, Wodonga Victoria, 3690  
Email: [wodonga.west.ps@education.vic.gov.au](mailto:wodonga.west.ps@education.vic.gov.au)

Phone: (02) 6024 1188  
[www.wodongawest.vic.gov.au](http://www.wodongawest.vic.gov.au)

**Be Safe**

**Be Respectful**

**Be A Learner**

## PRINCIPAL'S MESSAGE

Dear Parents / Carers,

### **PFF Fundraiser**

A reminder that orders are currently being taken for the PFF Party Pies and Sausage Rolls fundraiser to be held on Thursday 22nd August. Orders are due to be back by Monday 19th August. Party Pies and Sausage Rolls are \$1 each, and a Prima, Strawberry or Chocolate Milk drink are all \$2.50 each. Please support our PFF and school with this fundraiser. There will be no canteen orders offered on this day. All funds raised go back directly to the school for the benefit of our students.

### **NAPLAN Parent Reports**

If you have a child in years 3 or 5 you can come in and collect your child's individual report illustrating how they went in all five areas tested; Numeracy, Reading, Writing, Spelling and Grammar & Punctuation. Thank you to those who have already collected them from the office. NAPLAN is a national test (assessment) to see how your child's literacy and numeracy skills and understanding compare against national standards. The report should be considered together with school-based assessments and reports. NAPLAN is the only national assessment that all Australian students have the opportunity to undertake in years 3, 5, 7, and 9. Literacy and Numeracy skills are the critical foundation for other learning

### **Spring Working Bee**

As Spring is fast approaching (yay!), School Council will be hosting a Spring Working Bee for our community to support the Stephanie Alexander Garden. There will be lots of jobs to do to prepare for all the produce we will be growing leading into Summer. The working bee will be held on Friday 6th September from 3.30 – 5.30, with a sausage sizzle for all participants and a Lucky Garden Prize gift voucher to be drawn out of a hat! We would love to see as many of you there as possible to help out. Please bring your own garden tools, gloves etc. Jobs will include weeding, pruning, mulching, sweeping and generally tidying up the space. Many hands make light work.

Thank you to Theircare for providing and cooking the food for our spring working bee participants, it is greatly appreciated.

Regards,

Jocelyn Owen  
Principal

### Important Dates

13th August	Arts Festival Performances
14th August	Arts Festival Performances
16th August	Year 3-6 Athletics Carnival
22nd August	Book Week Dress Up Day
23rd August	Spongebob Excursion (Yr 3-6)
3rd September	Kindergarten Photos
4th September	Kindergarten Photos
6th September	School Working Bee
13th September	Colour Splatcular Run4Fun



## Wodonga District Arts Festival



The Wodonga District Arts Festival has been a cherished tradition for many years – some parents might even remember performing at the old Wodonga Civic Centre!

This year marks the return to the original format including both Visual Arts and Performing Arts for the first time since 2019. This format will see 8 concerts take place between Monday 12th and Thursday 15th August at Galvin Hall (Wodonga Senior Secondary College).

Entry for audience members is \$5, this cost supports the committee with running costs including the hire of equipment and the release of staff to co-ordinate the event which involves over 3,000 students from 20 schools! If you have plans to attend more than one concert, keep hold of your program as this will allow re-entry without paying again.

Some students from Wodonga West will be performing at the concerts. Their items are at the following times:

**3/4V – Tuesday 13th August, 9.30am**

**Drama Club (selected Yr3-6 students) – Wednesday 14th August, 9.30am**

**01Platt and F1Clough - Wednesday 14th August, 11:30am**

We recommend audience members get there at least 15min before the commencement of the concert, not only to find seats, but also to check out the Visual Art display in the foyer.





## 2024 Parent / Caregiver / Guardian Opinion Survey:

### WE WANT OUR PARENTS / CAREGIVERS / GUARDIANS TO TELL US WHAT THEY THINK!

Our school is conducting the annual Parent / Caregiver / Guardian Opinion Survey offered by the Department of Education and is seeking your feedback. The survey is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behavior, and student engagement. The survey is optional, but we encourage and appreciate your participation. Our school will use the survey results to assist in identifying areas for improvement and professional development needs in the school, to target school planning and improvement strategies.

The Parent / Caregiver / Guardian Opinion Survey will be open online from **Monday 29 July to Friday 30 August 2024**. All families are invited to participate in the survey.

The survey will be conducted online, only takes 20 minutes to complete, and can be accessed at any convenient time on desktop computers, laptops, tablets or smartphones.

The online survey will be available in English and 10 other languages including Arabic, Greek, Hakha Chin, Hindi, Japanese, Punjabi, Simplified Chinese, Somali, Turkish, and Vietnamese. Resources are also available in additional languages to assist parents / caregivers / guardians who speak a language other than English at home. Please reach out to your child's teacher, or the school directly for survey guides in your language.

The survey results will be communicated to parents / caregivers / guardians through annual reporting and the Link Letter. Results are used for future planning.

Please speak to your child's teacher if you would like more information.

Children's Book week®

#CBCA 2024  
August 17-23

Reading  
is  
Magic



THE CHILDREN'S  
BOOK COUNCIL  
OF AUSTRALIA

# BOOK WEEK

## DRESS UP DAY

### THURSDAY 22 AUGUST

PARADE WITH PRIZES 9.10AM

IN THE GYM

GET CREATIVE!





# Cyberbullying

Cyberbullying is the use of technology to bully a person or group with the intent to hurt them socially, psychologically or even physically.

## What does cyberbullying look like?

Examples of cyberbullying include:

- abusive texts and emails
- hurtful messages, images or videos
- imitating, excluding or humiliating others online
- spreading nasty online gossip and chat
- creating fake accounts in someone's name to trick or humiliate them

**Online bullying can have a devastating impact on young people, whose online life is a key part of their identity and how they interact socially.**

## What can I do?

Talk to your child about cyberbullying before it happens. Together you can work out strategies to address any potential issues and reassure them you will be there to support them.

### If your child is experiencing cyberbullying:

- **Listen, think, stay calm** — talk to them about what happened, try to remain open and non-judgemental, ask them how they feel and ensure they feel heard.
- **Collect evidence** — it is a good idea to collect evidence, such as screenshots, of the bullying behaviour, in case you need to report it later on.
- **Block and manage contact with others** — advise your child not to respond to bullying messages and help your child block or unfriend the person sending the messages.
- **Report to site or service** — many social media services, games, apps and websites allow you to report abusive content and request that it is removed.

## I think my child is being bullied

Your child may not tell you if they are experiencing bullying behaviour online because of a fear it might make things worse for them or they may lose access to their devices and the internet.

### Signs to watch for:

- being upset after using the internet or their mobile phone
- changes in personality, becoming more withdrawn, anxious, sad or angry
- appearing more lonely or distressed
- unexpected changes in friendship groups
- a decline in their school work
- changes in their sleep patterns
- avoidance of school or clubs
- a decline in their physical health
- becoming secretive about their online activities and mobile phone use

- **Report to eSafety** — if serious cyberbullying is affecting your child and you need help to get the material removed from a social media service or other platform you can make a cyberbullying report to us.
- **Get help and support** — check in with your child regularly about how they are feeling. If you notice any changes that concern you, get help through a counselling or online support service.





# Help and resources

CHILD  
SAFE HOT  
TOPIC

## Kids Helpline

Kids Helpline provides free and confidential online and phone counselling to young people aged 5 to 25. It is available 24 hours a day, 7 days a week.

[kidshelpline.com.au](http://kidshelpline.com.au) or 1800 55 1800.

## eHeadspace

eheadspace provides free online and telephone support and counselling to young people 12 - 25 and their families and friends. It is available 9am to 1am (Melbourne time), 7 days a week.

[eheadspace.org.au](http://eheadspace.org.au) or 1800 650 890

## Support for parents

Each state or territory has a dedicated Parentline that offers counselling, information and a referral service. Opening hours vary by state.

[Parentline](#) (QLD and NT) — 1300 30 1300

[Parentline](#) (VIC) — 13 22 89

[Parentline](#) (NSW) — 1300 1300 52

[Parent Helpline](#) (SA) — 1300 364 100

[Parentline](#) (ACT) — 02 6287 3833

[Parent Line](#) (TAS) — 1300 808 178

[Parenting WA Line](#) (WA) — (08) 9368 9368 or 1800 111 546

## PE NEWS

### WODONGA WEST ATHLETICS CARNIVAL



It's not long until our Athletics Carnival, which will be held at Alexander Park, Albury Athletics complex for all students in Years 3–6.

Students participate in their age groups, rotating between nine different events during the day. The Carnival is planned for Friday 16th August, with our back-up day being Monday 19th August.

I encourage everyone to come in their house colours for a fun day. **Make sure your permission notes are returned**, so you don't miss out on all the activities. Every event you participate in, earns points for your house! If any parents can assist during the day with recording, etc please let me know.

Susan Macdonald  
P.E. Coordinator

### Donations



**Our school is seeking donations of unwanted pots / pans or utensil that are suitable for use in the school sandpit.**

**Please drop these into the office.**



celebrating 100 DAYS OF SCHOOL





# WELLBEING NEWS

## Crochet/Knitting Club!

All students are welcome to join in for some fun knitting and crocheting!  
Resource Centre, every Monday at 11.25am  
Bring your own wool or use some of ours 😊



If you require a FREE breakfast pack please see Mrs Potter ☀️



## Winter Gloves

A community member is busy knitting gloves. I have a limited supply of gloves to give away to students. Please see Mrs Potter if you would like a pair. She will be taking names and giving them out as they are made.



### Observe Problem Behaviour

Minor Behaviours	
Safe:	Physical Contact, Out of bounds
Respectful:	Cheating, Minor Property Damage, Lying*, Swearing*
Learner:	Late to class*, Out of bounds, Disruption*
*Items marked with * have the potential to escalate to a major	

Major Behaviours	
Safe:	Absconding, Criminal Behaviour
Respectful:	Abusive Language, Property Damage, Physical Aggression
Learner:	Defiance, Forgery or Theft
	Disruption

<b>Calm</b>	1. Non-verbal Prompt (Student is out of bounds, move towards student make eye contact)	Give positive feedback once desired behaviour is displayed
<b>Consistent</b>	2. Descriptive ("James you are out of Bounds")	
<b>Brief</b>	3. Corrective ("James move in bounds, thanks")	
<b>Immediate</b>	4. Re-teach the rule ("remember, James, we stay in bounds")	
<b>Respectful</b>	5. Choice ("James you either return to the inbounds area or you will have to walk with me")	
	<b>If student is still non-compliant follow major behaviour steps</b>	Enter Minor referral
		Major behaviour Referral

<b>Calm</b>	1. Student referred to Leadership, major referral entered in Student administration system by staff member	Conference with student
<b>Consistent</b>	2. Executive follow agreed procedure	
<b>Brief</b>	3. Data input in behaviour management tracking system. Review individual students' data	Analyse data to inform effective consequences (Educative)
<b>Immediate</b>	4. Leadership member to follow through and determine consequences	Apply appropriate consequence (Educative)
<b>Respectful</b>	5. Support provided in accordance with Tiered intervention on the continuum	





# SAKG NEWS

This term we started our travels through Asia, exploring countries, their food and their culture. China was our first stop, the children enjoyed learning about Chinese Horoscopes and making some decorations using Chinese themed characters.

Our menu was made up of Pumpkin Wontons in a Chinese Noodle Soup followed by Chinese Almond Biscuits. The children thoroughly enjoyed this menu with clean and empty bowls at every session!



During this winter we are running a new program in the garden. We have 5 different activities which the children's groups are rotating through. The five different activities are, kite making, leaf printing onto fabric with hammers, gardening with Phil (a very popular activity!) learning how to tie (shoelaces and aprons) and creating our school tree.

This new program has been widely successful so far, with teachers and children really enjoying the activities. Keep your eye out on the growth of our school tree just at the main gate of the garden.







## GET YOUR COLOUR ON

**Wodonga West Children's Centre is hosting a Colour Splatacular Run 4 Fun!**

**Friday 13 September 2.30pm to 3.30pm**

**This YEAR the first class to register all students receives a free HOT CHIP lunch for their class!**

Not only are we hosting an awesome Colour Splatacular Run 4 Fun, but student's can also win up to 15 unique prizes by fundraising via online sponsorship donations.

Students have received a sponsorship book with instructions on setting up their cybersafe, online fundraising profile at [www.australianfundraising.com.au](http://www.australianfundraising.com.au). Just select Wodonga West Children's Centre, set up your safe profile and start raising money for your school. This is an entirely online fundraiser; all cash donations must be converted to online donations to redeem your prizes.

### Extra Incentives to Fundraise!

- ★ Online Golden Coins – complete fun online tasks to redeem an extra \$75 towards your prize credit.
- ★ Monty the Monstar's Bonus Prizes – achieve milestones to unlock Monty's bonus prizes.
- ★ \$10,000 Budget Booster Bonanza Spending Spree for one organisation's highest fundraising student
- ★ Our school will win an extra \$5,000 if we have the highest average fundraised amount per student in 2024.
- ★ A Play Station 5 Gaming Bundle – see your child's sponsorship booklet for more!

For more information, please contact the school or your classroom teacher.

*Happy Fundraising!*







# KINDERGARTEN NEWS

Dental Health Week focuses on the importance of taking steps to care for your teeth and gums to help you keep your teeth and smile for life. During this week the children received a visit from oral health Educators from the Albury Wodonga Health Dental Clinic. They read the children a story and explained how to brush their teeth as well as the importance of brushing twice daily. The children also received a quick dental screening from the oral health Practitioners. This visit was organised as part of our Smiles for miles Dental health program. The children have been learning about the messages "Drink Well, Eat Well and Brush Well".



The kinder children have been learning about and discussing the 2024 Olympic Games. They have completed several different forms of art relating to the games, such as making Olympic torches, the Olympic rings and gold medals.

Aboriginal and Torres Strait Islander Children's Day was observed on Sunday 4th August. The 2024 Aboriginal and Torres Strait Islander Children's Day theme Strong in Culture, Stronger Together elevates the intention of Children's Day, focusing on the strength of our children that comes from their connection to culture and mob.

To celebrate this day and to celebrate the importance of Children's Voice, we worked with the children to create a new more child friendly acknowledgement to country for our kindergarten.





# KINDERGARTEN ENROLMENTS

## 2025

- ✓ Fully funded (no cost)
- ✓ 3 and 4 year old
- ✓ Enrol now for 2025

Enrolment packs are  
available from the office

*To secure your place  
enrolments need to  
be received by  
16th August 2024*

*For tours and enquiries*

 (02) 6024 1188

[www.wodongawestps.vic.edu.au](http://www.wodongawestps.vic.edu.au)



WODONGA WEST CHILDREN'S CENTRE

# BREAKFAST CLUB

Toasted Sandwiches  
Fruit Cups  
Primas

**EVERY MON & WED**

**8.30AM - 8.50AM**



**ALL KIDS WELCOME**

**HELD IN THE SAKG KITCHEN**





# Volunteers Wanted for Kitchen Garden Classes

The success of food education relies  
on the support of volunteers.

There is nothing more satisfying than sharing a delicious meal created with fresh produce that you have grown from seed to harvest. Every week over 200 school children share in this experience at the

**Wodonga West Children's Centre.**

You don't have to be a green thumb or a naked chef, you just have to love growing food, eating food and being with children.

If you would like to volunteer in the kitchen or garden, whether you have one hour to spare or a whole afternoon, we would love to hear from you.

The classes run on *Monday, Tuesday & Wednesday*

Contact: **Jo Henderson or Jacqui Hillas**

On: **02 60 241188**



# YOU'VE GOT A FRIEND IN ME!

ALL YOUR FAVOURITE DISNEY  
SONGS IN CONCERT!

SUNDAY 25TH AUGUST

ALBURY ENTERTAINMENT  
CENTRE

SHOWS AT 11AM & 2PM - TICKETS FROM \$25 EACH (INFANTS ON LAP FREE)

DOORS OPEN 1 HOUR BEFORE THE SHOW

FACE PAINTING (AT EXTRA COST) & LOADS OF FUN!

ALL FUNDS RAISED GO TOWARDS COUNTRY HOPE - HELPING KIDS WITH  
LIFE THREATENING ILLNESS IN OUR LOCAL REGION.

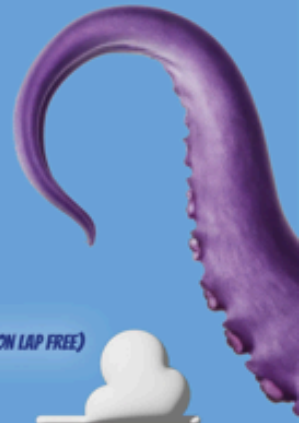
COME AND SEE SOME OF ALBURY'S  
MOST TALENTED SINGERS & DANCERS!

PURCHASE TICKETS HERE



country  
hope

SPECIAL APPEARANCE BY BLUEY





**nickelodeon.**  
**THE**  
**SPONGEBOB**  
**MUSICAL™**

**youth**  
**edition**◆

**TICKETS**  
**ON SALE NOW!**

**Based on the series by Stephen Hillenburg**

**Book by Kyle Jarrow**

**Original Songs by**  
**Yolanda Adams, Steven Tyler and Joe Perry of Aerosmith, Sara**  
**Bareilles, Jonathan Coulton, Alex Ebert of Edward Sharpe &**  
**The Magnetic Zeros, The Flaming Lips, Lady A,**  
**Cyndi Lauper, John Legend, Panic! At the Disco, Plain White**  
**T's, They Might Be Giants, T.I.**

**And Songs by David Bowie, Tom Kenny & Andy Paley**

**Additional Lyrics by Jonathan Coulton**

**Additional Music by Tom Kitt**

**Musical Production Conceived by Tina Landau**

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By Arrangement with ORIGIN™ Theatrical  
on behalf of Samuel French, Inc., A Concord Theatricals Company

**Border Show Business Academy**

**ALBURY ENTERTAINMENT CENTRE**  
**AUGUST 23 & 24, 2024**

DO YOU HAVE CHILDREN AGED 0-12?

JUNCTION SUPPORT SERVICES PRESENT:

# EARLY HELP PROGRAM

WE CAN PROVIDE SUPPORT WITH:

- Developing & Maintaining Routines
- Understanding and learning how to respond to children's big behaviours.
- Building and strengthening attachment and connection between parent, child and siblings.
- Supporting School Attendance
- Regulating Screen Time
- Promoting Participation in the Community
- New Parent Adjustments
- Supporting children to meet developmental milestones



THIS PROGRAM IS COMPLETELY **FREE** & WE CAN TRAVEL TO YOU!

HOW TO FIND OUT MORE...

155 Melbourne Rd  
Wodonga VIC

0260 437 400

<https://junction.org.au>

- You can access the Early Help Program by self-referral with the team at Junction Support Services
- Speak with your local school, kinder, childcare or maternal health team.

The Play Therapy Space and Early Help Program are joining together to present you:

# THE NEST



COME JOIN IN OUR FREE 5-WEEK PROGRAM!

To strengthen parent-child attachment, develop child play, build co-regulation, learn mindfulness & create harmony.

TIME: Wednesdays 10am - 11am

DATES: 31st July - 28th August

WHERE: Felltimber Community Centre

To register interest, please contact:  
earlyhelp@junction.org.au or  
Phone 02 60437400

WE LOOK FORWARD TO SEEING YOU!

Interplay  
**Nest**  
Healing through reconnection

## ALBURY WODONGA TABLE TENNIS



471 North Street, Albury

**Grading Night**

Wednesday 21<sup>st</sup> August 2024

6.00pm to 8.00pm

We cater for all levels of players.

New players most welcome.

Season commences the following week.

Divisions 1 & 3 Tuesday, Divisions 2 & 4 Thursday nights.

For more information

[www.awtta.org.au](http://www.awtta.org.au)

e) [pennant@awtta.org.au](mailto:pennant@awtta.org.au)

p) Ash Harding 0412 962 047

# Superkick

## FIND YOUR FOOTY

Learn through skills and tackle-free, match-based sessions.

ALBURY & WODONGA  
SUPERKICK CENTRE

- Noreuil Oval - Albury
- Mondays 4:00pm - 5:00pm
- Commencing 12th August 2024
- 5 Week Program
- For ages 8yrs-12yrs



Scan the QR code to register today!

FOR FURTHER INFORMATION: [KADE.BROWN@AFL.COM.AU](mailto:KADE.BROWN@AFL.COM.AU)

[play.afl/superkick](http://play.afl/superkick)





**Supporting young people with transition from primary to secondary school**  
**A free online webinar for Parents and Carers**

headspace Schools & Communities would like to invite you to attend a Mental Health Education session for Parents and Carers.

This session will cover:

- Mental health and wellbeing in adolescence
- How to have conversations with young people about their mental health and wellbeing
- Noticing signs that a young person might be going through a tough time and struggling with their transition out of school
- Identifying strategies to connect and communicate with young people
- Increasing knowledge about how to support them during this transition period and where to access professional support.

**Where:** Online via Zoom

**When:**

- Session 1: Tues 3 Sept, 6 - 7PM AEST
- Session 2: Thur 5 Sept, 8 - 9PM AEST

**How to register:**

Click [here](#) or scan the QR Code below to register by selecting your preferred date and time through Eventbrite.



After registering, you'll receive a confirmation email from Eventbrite which will include the Zoom meeting link to access the webinar.

**Need more information?**

Email us: [MHEP@headspace.org.au](mailto:MHEP@headspace.org.au)



The Mental Health Education Program is a Schools Suicide Prevention Activities Initiative, headspace Schools & Communities, funded by the Australian Government.

**BELEZA ONLINE SALE**

**15% OFF**

**BELEZA BRANDED PRODUCTS ONLY**

**3RD - 10TH OF AUGUST**

[beleza.com.au/online-store](http://beleza.com.au/online-store)

ONLINE ONLY EXCLUSIVE FROM 03/08/2024 TO 10/08/2024 11:59PM AEST  
DISCOUNT OFF RRP | NO FURTHER DISCOUNTS APPLY | IN STOCK ITEMS ONLY

**REPAIR CAFE** Albury **REPAIR CAFE** Wodonga **REPAIR CAFE**

**OUR NEXT SESSION IS:**  
**3rd August 2024**

What do you do with broken household items?  
You can fix them at the Repair Café!

Our experienced repairers will help you repair them – for free!

**First Saturday of the month**  
**10am to 1pm**  
**Wodonga Senior Citizens Centre**  
**15 Havelock Street**

Proudly supported by HalveWaste  
reduce + reuse + recycle  
[www.halvesthewaste.com.au](http://www.halvesthewaste.com.au)

For more information follow our Facebook page or visit [ecoportal.net.au](http://ecoportal.net.au)

**Frequently Asked Questions (FAQs)**

**What time will the webinar be held?**

Sessions are offered to families across the country, so please check the timezone for your State/Territory before registering for either webinar:

**Session 1:**

VIC, TAS, NSW, ACT, QLD: 6 - 7PM AEST  
SA/NT: 5.30 - 6.30PM AEST  
WA: 4 - 5PM AEST

**Session 2:**

VIC, TAS, NSW, ACT, QLD: 8 - 9PM AEST  
SA/NT: 7.30 - 8.30PM AEST  
WA: 6 - 7PM AEST

**How will the webinar be delivered?**

The webinar is being delivered online via Zoom and will be streamed live. Please ensure you have access to Zoom before the session commences.

**What technology do we need?**

To participate, you will need access to Zoom to live stream the webinar.

**How long is the webinar?**

The webinar will run for 60 minutes.

**Will this webinar be recorded?**

No. This is a live webinar and it won't be recorded.

**Do we have to have our cameras on?**

Cameras will remain off to ensure safety and privacy for all participants. There will be a private Q&A option for participants to submit questions during the webinar.

**CVGT employment** **ParentsNext**

**Engagement Support vouchers are available to you**

When you engage with the ParentsNext program CVGT Employment can offer Engagement Support vouchers following attendance at face-to-face appointments.

During your appointment, we will discuss your personal preferences and the type of vouchers that will offer the greatest benefit to you.

- The vouchers are designed to assist with the rising cost of living
- Up to \$250 in vouchers are available per eligible participant

**Initial Engagement Support – \$100 voucher**

- Offered to new participants who commence in the program after attending an initial face-to-face appointment

**Ongoing Engagement Support – \$50 voucher**

- Offered to existing participants in the program who attend ongoing face-to-face appointments

Scan the code for more information or to request a callback from one of our Transition Support Coaches.

132 848  
[cvgt.com.au](http://cvgt.com.au)



## Positive Parenting Telephone Service

Our free 6 to 10 week program helps you to:

- have stronger, more positive relationships
- set rules and limits
- manage everyday behaviour problems.

Our program is for parents, grandparents and carers of children aged 2 to 12 years.

Participants complete a workbook and are supported by weekly 30 minute phone calls with a trained parenting educator.

All of this can be done from the comfort of your own home at a time that suits you.

 **1800 880 660**







This is a **FREE** service, and enrolments are taken all year round. Call us for more information or to enrol.



## Parenting Programs - Term 3 2024



\*There is no cost to attend these programs

Location	Program	Duration	When	Where	Register
Wodonga	Mother Goose (0 - 2 years)	Full Term	Wednesdays In School terms 10:30 am - 11:30 am	Gateway Health 155 High St Wodonga	Scan the QR code to register 
Wodonga	Tuning in to Kids Emotional intelligent parenting	5 weeks	Wednesdays August 7 - 28 9.30am - 11.30am	Gateway Health 155 High St Wodonga	Scan the QR code to register 
Online	Tuning in to Teens Emotionally intelligent parenting (10 years and over)	6 weeks	Mondays August 5 - September 2 7pm - 9pm	Online	Scan the QR code to register 
Online	Raising Resilient Children	2 hours	Monday August 19, 2024 7pm - 9pm	Online	Scan the QR code to register 
Lavington	Mother Goose (0 - 2 years)	Full Term	Mondays In School Terms 10.30am - 11.30am	Orana Community Centre 40 Cardo Dr Springdale Heights	Scan the QR code to register 
Benalla	Dads Tuning In to Kids	5 weeks	Tuesdays July 30 - September 3 2024 5.30pm - 7.30pm	Tomorrow Today Shop 1, 66 Nunn St Benalla	Scan the QR code to register 

### Contact Information

If you have any questions, please reach out to the Gateway Health parenting team at 0457 279 796 or email [parenting@gatewayhealth.org.au](mailto:parenting@gatewayhealth.org.au)