



LINK LETTER

26 Aug 2021

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Enrolments are welcome for all year levels, including Kinder for 2021 & 2022

Be Safe

Be Respectful

Be A Learner

Principals Message

Dear Parents / Carers,

Remote Learning

As we find ourselves back in Remote Learning for the 7th time, I want to express my thanks to those families who are stuck at home in Lock Down doing your very best to keep your child/ren engaged with home learning. We acknowledge that there are lots of different circumstances that can impact on your time and availability to do so, such as young babies and toddlers to care for. We also understand that some of you are also having to work from home amongst all of this, so it is a huge challenge. All we ask is that you give it your best shot and that you look after the wellbeing of the family as well as the learning aspect.

The Department of Education has recommended schools provide approximately 45 – 60 minutes of learning activity for each core subject area per day in Reading, Writing and Maths) during periods of Remote Learning. This might be less in the younger classes. As you are aware, every class teacher communicates the learning tasks for each school day on Class Dojo by 9 am each day.

It is our expectation that students complete these learning tasks to the best of their ability and post their work back to the teacher via Class Dojo – ideally every day. Our staff will happily provide feedback to students. Each class also has a scheduled Webex catch up session on at least 4 days across the week.

The times of these half hour Webex sessions are communicated daily on Class Dojo. Unfortunately, they cannot all be scheduled at the same time due to staff being needed for on-site supervision.

Mrs Potter, our Wellbeing Officer, is also offering two Webex sessions per day for any students who want to join. These are daily at 8.30 – 9.00 and from 3.00 – 3.30. Students can log onto one or both of these sessions and I encourage involvement. These sessions will be interactive and involve an element of fun as well as a chance to stay well connected with their friends.

Attendance During Remote Learning

The Department of Education has asked teachers across the State of Victoria to make a judgement on student attendance during Remote Learning periods based on their engagement with the learning tasks offered.

Important Dates:

2nd September Fathers Day Raffle
Drawn

17th September Last Day of Term 3
pick up 2.30pm

If a teacher has had little or no engagement (evidence of tasks even being attempted) from a student for a period of time, and they have avoided Webex sessions as well, then the student will be classed as absent (as there is little or no evidence that home learning is occurring). So please make every attempt to avoid student absence by embracing what the school is offering and posting your learning onto Class Dojo and joining in via Webex sessions. We understand if you cannot always join in Webex sessions.

If you are having any difficulties with Technology or any other concerns, please contact the school so we can assist you. We do not want to have students falling behind. We know that you are not 'Teachers' and we only ask you to do your best under these difficult circumstances. In the past our families have done an awesome job and we are seeing great things on Dojo this time as well. So hang in there – we take our hats off to you all. On days like today, try and get some sunshine, fresh air and exercise to lighten the load a bit with a bit of fun.

Just Brass

Last Thursday after school I had the pleasure of attending Just Brass Band Practice at the local Salvation Hall. This occurs every Thursday with Jeremy Kerr, whom has done a brilliant job with the students. I was excited to hear them playing various tunes together – they have come along in leaps and bounds.

Great work, everyone involved. We certainly are lucky to have this sponsored program at our school and provide all the students involved with such an opportunity to learn an instrument at no cost. Please enjoy the photos attached – unfortunately they don't come with the sound!

Book Week Virtual Parade

It always blows me away when I see the effort our families go to during Book Week. Normally we manage to have a whole school parade, but this year we needed to hold our parade via Webex, and in different sections of the school. Thank you to all the families who joined in on Webex, you all looked amazing. We had so many very creative dress ups. It was lovely to see many of the students with the book that matched their character. Thank you to our Literacy Leader, Ben Lord for organising the event and prizes. We hope that next year we will be back together and be allowed to invite parents / carers to attend on site.

We have had so many photos posted onto Class Dojo today – incredible work everyone. It is impossible to include all of them so here is a small sample to enjoy. Hopefully it created a little bit of excitement and fun for everyone. And because it is Book Week, please keep reading lots at home!

Regards,
Jocelyn Owen
Principal



Sausage Sizzle

Postponed



Unfortunately our sausage sizzle will now be postponed until we are allowed back to Face to Face learning.

FATHER'S DAY RAFFLE - **STILL ON!**



Please drop your raffle tickets off at the front office.

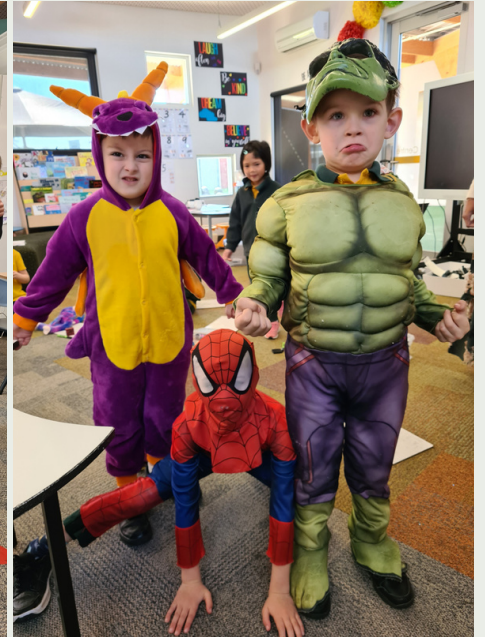
Will be drawn
Thursday 2nd
September



Great Prizes to be won!

Book Week!

Foundation, Year 1 & Year 2



Book Week

Years 3 and 4



Winners!

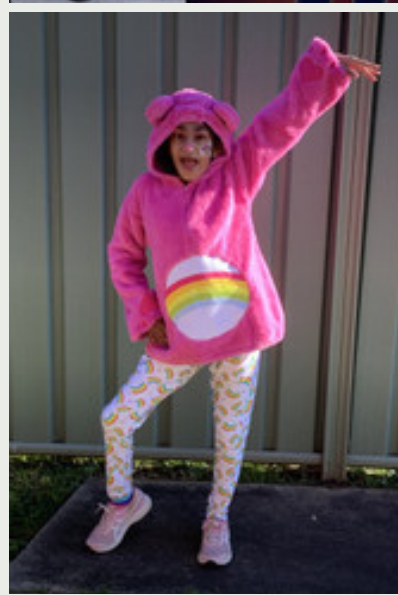
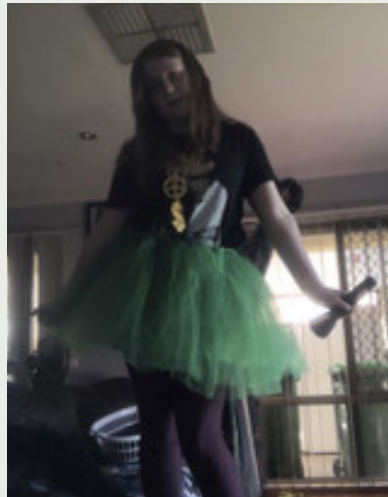
- 34G Mackenzie Jackson
- 34L Xanthe Buckley
- 34C Willow Barber



Book Week!



Years 5 & 6



Kinder Week 7, Term 3

The children have been really enjoying cooking in small groups. This gives us an opportunity to discuss everyday and sometimes foods with the children and to promote healthy eating choices. Pizza's were on the menu with most children even choosing the capsicum as a topping for their pizza.



Book Week was celebrated by looking at and reading a variety of different books. The children participated in completing book cover puzzles.

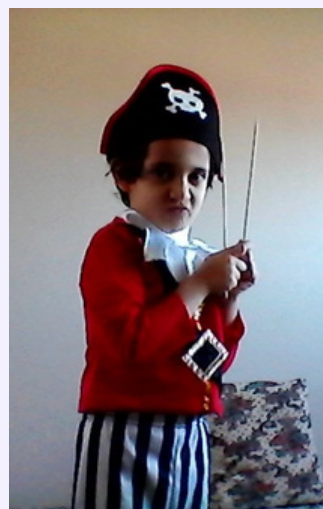
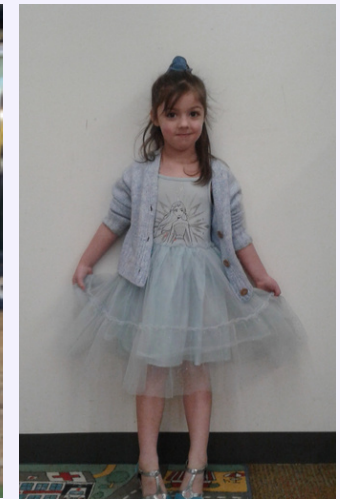
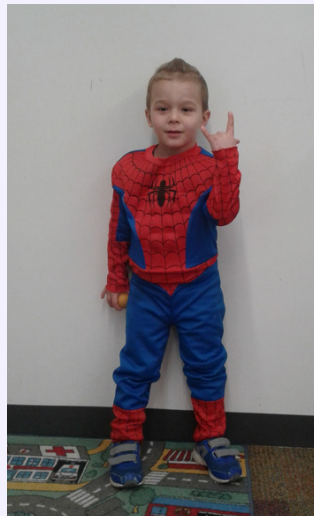


Book Week!

Kindergarten

Book Week was celebrated by looking at and reading a variety of different books. The children participated in completing book cover puzzles. We held our first kinder webex to host our Virtual Book Parade. Thanks to all those who joined us for our parade and who sent in photos. It was a very hard decision to decide who was the best dressed with so many children in great costumes. The winner for the best dressed Book week costume in our kinder goes to **Bella Swarbrick**. Thanks for your effort Bella, and we really enjoyed listening to you read your story on our webex this morning.

Winner!



Great News from the SLC!

Mr Stagg has kindly delivered our generous gifts to the children's ward at the Albury Base Hospital.

They were very excited to receive the craft packs and books all of which we raise from our Term 2 fundraiser 'Crazy Hair Day' totalling **\$308**.

A fantastic effort from all our families.



During the last week of this term we are hoping to run a Pyjama day to raise funds for new sports equipment. Once we become aware of current restriction and movement we will forward all of the details.

Thanks you everyone for your ongoing support.



Online pornography

Your child may discover online pornography unintentionally, or they may go looking for it. Either way, you can play a role.

How do kids find pornography online?

- Your child may actively search for explicit content online, out of curiosity or perhaps because their friends are talking about it.
- A friend or sibling (or an adult) may share inappropriate content.
- Your child may accidentally type the wrong word or phrase into an internet search or click on a link to something that looks interesting but turns out to be pornographic.
- They might click on links in phishing or spam emails, and pop-ups (even on harmless websites).

How can I protect my child?

- **Set some 'house rules'** — discuss the issue with all siblings and talk about where and when it is OK to use computers and devices.
- **Stay engaged** — talking regularly and openly with your child about what they are doing online will help build trust.
- **Use the available technology** — take advantage of the parental controls available on devices, and ensure the 'safe search' mode is enabled on browsers.
- **Build resilience** — talking about sexualised content can help young people process what they come across online and reinforce the importance of consent and respectful relationships.
- **Consider raising the subject of pornography yourself** — parenting experts recommend starting the conversation early (by the time they are around 9 years old) to help protect them from the potential impacts of coming across it accidentally. Every child is different, so decide when you think it is right to raise the subject with your child



Online pornography

- **Take a long-term view** — reinforce that if they do see something they do not understand, they can come and ask you about it.

For teenagers, the most important message is that pornography is not real life.

What can I do if my child has found pornography online?

- **Stay calm** — thank them for being brave enough to let you know and reassure them that you will sort it out together.
- **Listen, assess, pause** — ask them how they found it, where it happened, who (if anyone) showed it to them and how they felt when they saw it. Resist the urge to give them a lecture.
- **Reassure your child they are not in trouble** — try not to remove your child's device or online access completely, as they will see it as punishment.

- **Be sensitive to how they feel** — it is important to talk with your child about how the content made them feel. Encourage your child to talk to you about any questions they have.
- **Talk about the importance of consent and respect in relationships** — talk about the importance of always having permission to touch, hug, or kiss another person.

Further tips and advice about how to talk to your child about online pornography, depending on their age, are available on our website.



Emotion Coaching – Connecting with our kids (Based in the Tuning in Kids Program)

For parents/carers of children aged between 2-10 years

This 2-hour information session aims to provide information on

- Emotional intelligence and why it's important
- Looking at children's brain development
- Tuning into your children's emotions to help manage behavior
- Learn about 'emotion coaching' – helping children to understand and regulate their emotions
- Looking at the different styles of parenting



Adolescent Parenting

For parents/carers of children aged between 12-18 years

This 2-hour information session aims to provide information on

Adolescence is unique time of growth and change, where alongside all of the physical changes, teenagers are getting ready to move into adulthood.

- Adolescent development and its impacts
- Challenges facing adolescents & parents/carers
- Understanding our child's emotions & help to regulate
- Building resilience
- Connecting with your teenager
- Problem solving
- Family Values





The Power of Positive Parenting (From the Triple P International)

For parents/carers of children aged between 2-12 years

This 2-hour information session aims to provide information on

- Building strong relationships with children
- Good communication
- Teaching children new skills
- Predictable routines
- Focusing on the positive's
- Positive environment
- Expectations of children
- Balancing family life



Raising Resilient Children (From the Triple P International)

For parents/carers of children aged between 2-12 years

This 2-hour information session aims to provide information on

- Recognising and accepting feelings
- Expression of feelings
- Building a positive outlook
- Developing coping skills
- Dealing with negative feelings
- Stressful life events





Raising Confident, Competent Children
(From the Triple P International)

For parents/carers of children aged between 2-12 years

This 2-hour information session aims to provide information on

- The importance of showing respect
- Being considerate
- Communication & Social skills
- A healthy self-esteem
- Supporting problem solving
- Encouraging independence



Focused Psychological Support for children under 13 years



Psychological Therapy Services (PTS) is a short-term free counselling service in North East Victoria and Border regions for children under 13 years of age who are experiencing emotional or behavioural challenges, who have or are at risk of a diagnosed mental health issue.

Children, like adults, experience difficulties from time to time that may affect their emotional health and wellbeing. Children, just like adults, sometimes need someone to talk to.

We recognise that access to a counselling service for children and their families is essential, as good mental health through childhood and adolescence often underpins mental health and wellbeing throughout later life.

We give priority to the voices and needs of children, as well as recognising the importance of families, and the need for them to also be supported throughout the process.

How will PTS help my child?

PTS counselling may:

- Help children make sense of their feelings and experiences
- Help children develop strategies to manage their feelings and experiences
- Help parents recognise and respond to their child's mental and emotional needs
- Help children and their parents to better manage a range of behavioural and emotional difficulties.

How do I access PTS?

You need to make an appointment with your child's GP, paediatrician or psychiatrist and referrals will be directed to Gateway Health Intake. Please note, further screening for eligibility will occur as referrals are received into the service to ensure they are appropriate for the program and to ensure best outcomes.

Is there a cost?

There is no cost for this service. With the referral described above you may access up to 12 sessions in a calendar year.

Audition for the circus!

We are looking for young people
aged 8 – 17 to join our elite circus
training program and school.

Albury Audition Dates:

27 September – General Auditions

28 & 29 September – call back workshops by invitation

You can also audition by video.

FlyingFruitFlyCircus

TO FIND OUT MORE AND REGISTER VISIT OUR WEBSITE

www.fruitflycircus.com.au/auditions



Wodonga Amateur Swimming Club



Have you been inspired by the Olympics?

Would you like to do better at your school swimming carnival?

Our club is a family friendly club that believes that swimming should be fun, inclusive and we encourage every swimmer to reach their goals.

Swim Club will commence back at WAVES in the first week of term 4. We have training on Tuesday, Wednesday and Thursday nights. You can choose to go to 1 to 3 sessions per week. Our coaches help with stroke development and fitness. You can choose to join in the local racing pennants or you can just swim for fitness and fun.

**MEET AND GREET AFTERNOON ON THURSDAY
7TH OCTOBER FROM 4.30PM AT WAVES.**

Come and meet our members and coaches and ask questions. Kids can join in the pool activities and parents can meet other swim club parents. We will have a BBQ from 5.30 pm.

For more information please email

wodongaswimclubmemberships@gmail.com



20/08/2021

Dear School Community,

Beleza Online Store: Free Shipping on all orders over \$100

We appreciate how challenging the last year has been for everyone, especially School communities.

We know that there's likely some families in your School Community who have been waiting for our Metro stores to reopen, or haven't been able to visit our Regional stores during this time. We understand the challenges this presents, especially for families who are transitioning to new Schools.

We want to ensure all families can access our uniforms with as much ease as possible in the current environment. With that said, our Online Store is still operational during lockdown, so we're happy to announce that we're offering free shipping via Australia Post on all orders over \$100. The shipping fee will be waived automatically once the cart exceeds \$100.

Please note that we will endeavour to ship out orders as soon as possible during this time, however please keep in mind we're currently working at reduced capacity due to restrictions in Metro Melbourne.

We hope this makes our uniforms more accessible to your School community during this time.

We would like to thank you for your continued support and understanding. If you have any questions about the above, please do not hesitate to contact our Head Office team!

Stay safe,

Beleza School Uniforms